



# NEWSLETTER APRIL 2015

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## SAVE THE DATES

### 2015 Celebrity Golf & Tennis Classic

Thursday, July 23, 2015  
Sleepy Hollow Country Club  
Scarborough, NY

For more information, please contact Jennifer Coppola at [Jennifer@joetorre.org](mailto:Jennifer@joetorre.org)

### 2015 TCS New York City Marathon

Sunday, November 1, 2015  
New York, NY

For more information, please contact Anna Oliveros at [Anna@joetorre.org](mailto:Anna@joetorre.org)

### 13th Annual Gala \*\*New Venue!\*\*

Thursday, November 12, 2015  
Cipriani at 25 Broadway  
New York, NY

For more information, please contact Jennifer Coppola at [Jennifer@joetorre.org](mailto:Jennifer@joetorre.org)

## NYC MARATHON

### Limited spots remaining on Team Safe At Home in the TCS New York City Marathon!

We are excited to share that New York Road Runners has selected the Joe Torre Safe At Home Foundation to participate as a charity partner in the 2015 TCS New York City Marathon on November 1st! We have a limited number of guaranteed spots. Please contact Anna Oliveros at

## Greetings!

April marks Sexual Assault Awareness Month and we are pleased to share our April Newsletter which includes updates on our impactful advocacy efforts, programs and events. Thank you for making these results possible and for keeping our children safe!

Your Joe Torre Safe At Home Foundation Team

## MARGARET'S PLACE

### April is Sexual Assault Awareness Month

#### Know the Facts:

Sexual Violence is a major public health issue.

- Nearly 1 in 6 women and 1 in 33 men in the U.S. have been the victim of an attempted or completed rape in their lifetime.

The majority of sexual assaults are perpetrated by someone the victim knows.

- 2 out of 3 assaults are committed by someone the victim knows like a dating partner, family member, friend, community member, or acquaintance.
- 93% of juvenile sexual assault victims know their attacker.

Young people are greatly at risk for victimization. In fact, the majority of victimizations start early in life.

- Girls ages 16-19 are 4 times more likely than the general population to be victims of rape, attempted rape, or sexual assault.
- Approximately 80% of female victims experienced their first rape before the age of 25 and almost half experienced their first rape before the age of 18.

Dating violence is often inclusive of both physical and sexual violence.

- One in 10 high school students has been purposefully hit, slapped or physically hurt by a boyfriend or girlfriend.
- 63% of youth who reported experiencing physical dating violence experienced sexual violence from the same partner.

The intersection of domestic violence and sexual assault is significant:

- Sexual assault is another way that abusers assert and maintain power and control over their partners.
- Nearly 1 in 10 women in the United States has been raped by an intimate partner.
- In addition, studies indicate that a batterer is about 4-6 times more likely than a non-batterer to sexually abuse his children.
- Victims of sexual assault and abuse are more likely to suffer from depression, abuse alcohol or drugs, to contemplate suicide, and to suffer from post-traumatic stress disorder. Furthermore, young women or men who experience childhood sexual abuse and do not get help are at greater risk for becoming victims or perpetrators of other forms of violence like domestic violence.

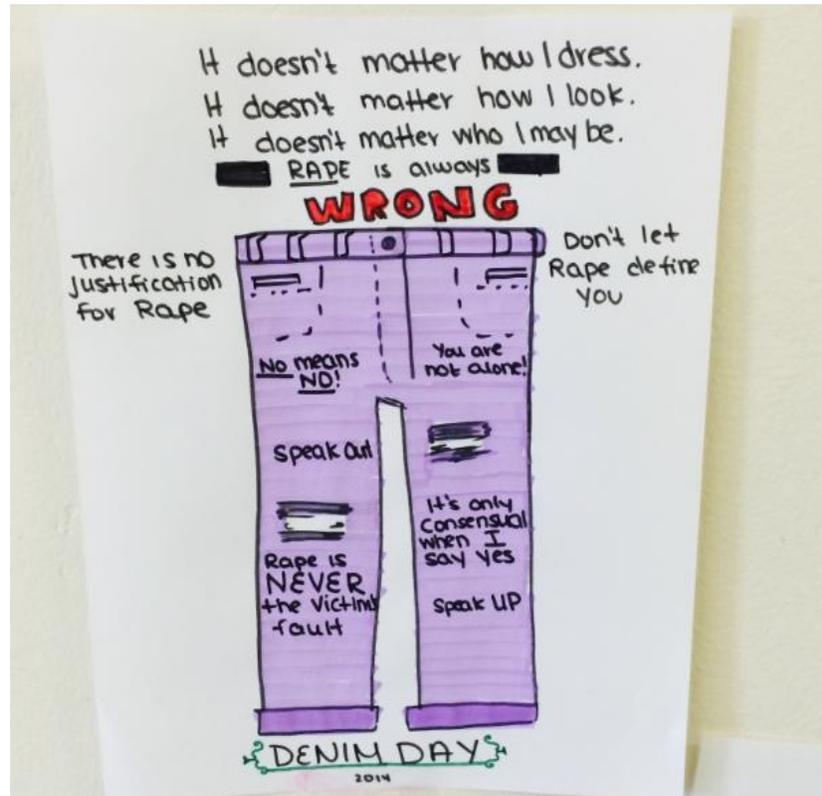
Statistics taken from the Rape, Abuse, and Incest National Network

STAY CONNECTED



DONATE

## How Does Margaret's Place Help?



### Campaigns and Education:

Margaret's Place educates students and the school community about sexual assault through our interactive awareness campaigns, topical workshops, and activities during sexual assault awareness month and throughout the school year. Here's what some of our MP schools are doing to raise awareness about sexual assault:

- Sexual Assault 101 workshops in classrooms
- Discussion Groups with young men and women focused on providing information about sexual assault, healthy relationships, consent, and how to get help.
- Classroom presentations facilitated by our Peer Leaders
- Distribution of resources
- Denim Day: Many of our schools raise awareness by engaging students in National Denim Day. Denim Day grew out of a 1998 Italian Supreme Court decision that overturned a rape conviction because the victim wore tight jeans. The judges reasoned the

victim's tight jeans meant that she had to have helped her assailant remove them, implying consent. People all over the world were outraged, and wearing jeans became an international symbol of protest against erroneous and destructive attitudes and myths surrounding sexual assault. Denim Day has grown into a national movement to speak out against sexual assault.

### **Counseling:**

Margaret's Place provides individual and group counseling to young people who have experienced sexual violence. Through counseling young people learn skills to cope and manage trauma symptoms. Unfortunately, victims of sexual assault are sometimes not believed or are even blamed for their abuse. It is important to have safe spaces like Margaret's Place where young people can get help and learn that abuse is never the victim's fault. For more information about sexual violence, visit [www.rainn.org](http://www.rainn.org). If you or someone you know needs help call the National Sexual Assault Hotline at 1.800.656.HOPE.

## **MARGARET'S PLACE STUDENT SPOTLIGHT**

### **Elana's Story**

Elana\* is a 12th grade student who was referred to the Margaret's Place Counselor by the school's Assistant Principal after sharing that she had been sexually assaulted when she was in the 9th grade. In her first meeting with the Margaret's Place Counselor she shared that she had been assaulted by an older student at the school that she had been dating at that time. Elana, like many other sexual assault victims, never told anyone about what had happened. She explained that she was fearful, embarrassed, and unsure whether anyone would believe her. Throughout high school, Elana had also blamed herself and felt ashamed about the assault. As a result of her trauma, certain places in the school and certain smells reminded Elana of the assault and immediately triggered painful emotions.

After the first meeting with the MP Counselor, Elana expressed that it was a relief to be able to tell someone about what had happened to her. Through counseling services at Margaret's Place, Elana was able identify that her feelings of self-blame and shame were normal responses to sexual assault, and was also able to better understand why it took her so long to speak up, alleviating feelings of guilt that were impacting her self-esteem. Using a workbook entitled, "It Happened to Me", the MP Counselor assisted Elana to develop coping skills and gave her the space to finally express herself. Since beginning counseling, Elana has reported feeling safer in her life and less triggered by reminders of the event and perpetrator. She continues to struggle with feeling shame and self-blame at times, but Elana and the MP Counselor continue to work through it together with the knowledge that it takes time to fully heal. Elana is on track to graduate high school at the end of this year and the MP Counselor will be connecting her to support in college should she need it.

*\*Names have been changed.*

## **EVENTS**

**Reserve Your Foursome or Tennis Sponsorship  
Today for Our Celebrity Golf & Tennis Classic!**



Join Ali and Joe Torre, along with sports legends, entertainers, and television and movie personalities, in celebrating the Safe At Home Foundation's Annual Celebrity Golf and Tennis Classic. The Foundation is excited to return to the prestigious Sleepy Hollow Country Club in Scarborough, New York. Nestled on the Hudson River, Sleepy Hollow offers breathtaking views and a history that dates back to the 1800s.

Only a limited number of foursomes will be available and each will be paired with a celebrity, making it a "five-some!" The day will commence with a brunch buffet before tee-off and conclude with a dinner reception, silent auction and awards ceremony in the clubhouse.

The Foundation will once again be adding a tennis component to the day's activities, which will be hosted by former world-ranked tennis player, Patrick McEnroe. Individuals will be able to compete in a Round Robin tournament during the day and then join the golfers for the evening's festivities.

To reserve your foursome, inquire about tennis, or for sponsorship information please contact Jennifer Coppola at [jennifer@joetorre.org](mailto:jennifer@joetorre.org) or call 212-880-7360.

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