



Greetings!

Spring has arrived and with warmer weather on the horizon, things are also heating up at Safe At Home. Our participants have wrapped up a series of brand new art workshops, learned about healthy relationships in honor of Valentine's Day, and are gearing up for their spring awareness campaigns. Our staff is in the spotlight, too, with a TV segment with Steve Adubato – and there's still more to share! Check out some highlights from the first few months of 2019.

Youth Already Know Conference



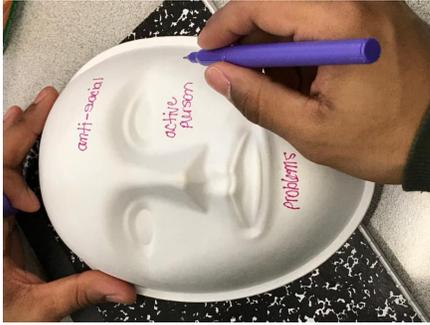
On Saturday, February 9, 2019, a group of peer leaders, an alumni intern, and a parent from Hostos-Lincoln Academy in the Bronx attended Day One's Youth Already Know conference in Manhattan. Our youth connected with other young people and adults from different organizations around New York City, and joined with them to learn about healthy communication, toxic masculinity, coping with rejection, empowerment and self-defense, dating violence, and being an upstander. The conference also featured interactive art and storytelling, where students were able to visualize different ways to interrupt cycles of racism and violence. Peer leaders collected knowledge, experience, and resources to bring back to their own school community, and we hope to see some of that highlighted in our upcoming spring campaigns!

Teen Dating Violence Awareness Month



Did you know that one in three young people will experience abuse from a person they are dating? Safe At Home spent February commemorating Teen Dating Violence Awareness Month by calling attention to how widespread this crisis is. Our counselors held special sessions on healthy relationships and recognizing signs of abuse and control, and shared resources on how to get support. [Read more about our TDV activities!](#)

Making a mask



Safe At Home often uses art therapy as a creative way for our counseling students to express their feelings and cope with their experiences. This year, our Art Therapy Intern Linh led a special workshop at College Academy in Washington Heights. Students were invited to explore the persona that they reveal or conceal from the world through the outside and inside of a life-size mask. [Learn more about this unique workshop.](#)

Running to win



Safe At Home is thrilled to be an Official Charity Partner of the 2019 TCS New York City Marathon. The race will take place on Sunday, November 3, 2019. The TCS New York City Marathon provides a unique platform for dedicated runners to pursue their goals while raising awareness for causes that are close to their hearts – including our work with children exposed to trauma and violence. [To apply to be a runner, please fill out the runner application. You can also make a donation to support our marathon team.](#)

John's Story



John was excited to get involved with Margaret's Place at his high school. As a peer leader for three years, he savored the experience of building leadership skills and educating his classmates on important issues like teen dating violence, gun violence, and more. But when he was a senior, things changed. [Read John's story – and get more updates on everything we accomplished last year – in our new 2018 Annual Report.](#)

One-on-One with staff



Our co-founder Ali Torre and our Director of Clinical Services Jenny Herbert were interviewed by Steve Aduato on his show One-on-One. [Watch the full segment now!](#)

Mark your calendars



You won't want to miss our signature events.

[April 25 – Annual Los Angeles Dinner](#)

Join us for cocktails, dinner, and an all-star panel of athletes and celebrities as we commemorate 8 years of providing services in Los Angeles.

[July 25 – Celebrity Golf & Tennis Classic](#)

Select sponsors will get a chance to be paired up with sports celebs and icons at our all-day affair at the exclusive Sleepy Hollow Country Club.

[November 14 – Annual New York City Gala](#)

More information on honoree, entertainment, and celebrity guests will be coming soon – stay tuned for updates!

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