

THE GIFT OF FRIENDSHIP

Healthy relationships are bonds between two people that are characterized by mutual respect, compromise, and mutual support.

Behaviors like active listening, showing empathy, communicating openly and honestly, and taking accountability for one's actions are ways that you can continue to give the gift of friendship all year long!

To learn more about how you can encourage healthy relationships in your life and the lives of youth around you, tune into the newest podcast episode of **Safe Keeping**, presented by SAH!

"The Gift of Friendship"
joetorre.org/podcast

