

HEALTHY & UNHEALTHY RELATIONSHIPS IN MUSIC

Media can play a big role in the way young people learn to interact with each other, like our relationships with family, friends, or even dating relationships.

Music, for example, can sometimes have a big influence on how people think relationships work. For some, hearing the same ideas about relationships played over in music can end up giving them an idea about what is okay and what isn't okay.

Unfortunately, not all music gives the best examples of healthy relationships between people. Even some very popular songs can have lyrics depicting an unhealthy relationship.

Take a moment to listen to the lyrics of some of your favorite songs, are they singing about healthy or unhealthy relationships?



