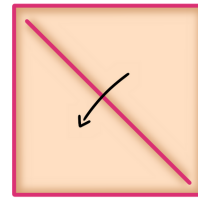
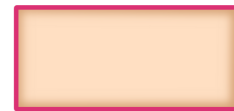
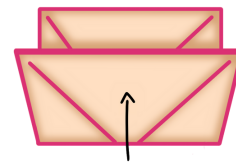


HOW TO FOLD A FORTUNE TELLER

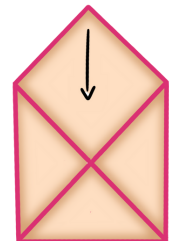
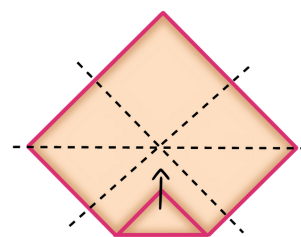
Fold the paper diagonally from corner to corner. Take the top right corner and fold it to touch the bottom left corner and crease it with your finger. Open your paper so it is flat again and now fold it from the top left to the bottom right and crease it again.



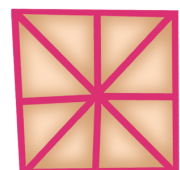
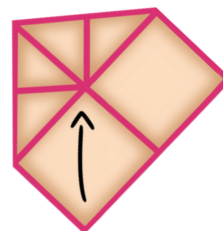
Fold the paper in half from both sides. Take the bottom edge of the paper and fold it to the top edge then crease. Now turn the paper 90° and now fold the new bottom edge to the new top edge and crease again.



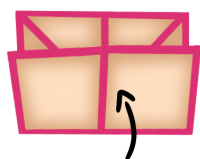
Begin bringing the corners into the middle of the paper. Start with one corner and fold it towards the middle of the paper where all the creases intersect, rotate your paper 90° and do the same with the other 3 corners as you go to make a smaller square.



Flip the paper over and fold each corner to the center once again.



Fold the fortune teller in half once more, and slide your fingers under the flaps to open it up!



JOE TORRE
SAFE AT HOME.

NYC
GALA

2

Name
five
types
of
abuse

Name
three
examples of
healthy
coping skills

1

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HOME!

3

How
can you
support a
friend who is
experiencing
Teen Dating
Violence?

T/F:
If you
are in a
romantic
relationship, you
don't need to ask
for consent
before kissing.

4

SAFE AT HOME
MARGARET'S
PLACE

5

What are
boundaries
and why are
they important?

Name
three
places where
you can find
support if you are
experiencing
symptoms
of distress.

6

20
YEARS

1

What
is an
upstander?

Give
an example
of healthy
communication
skills and explain
how healthy
communication
can impact
relationships.

8

ANSWER KEY

- 1) Meditation, exercise, reading, art, music
- 2) Verbal, physical, financial, emotional/psychological, and sexual
- 3) Remind them it's not their fault, ask them how you can help, support them in talking to a trusted adult, provide them with the National DV Hotline number: 800-799-7233
- 4) FALSE: Consent can be withdrawn at any time and should be confirmed before any activity
- 5) Boundaries are limits someone sets to keep themselves physically and emotionally safe. Boundaries allow people to feel respected in relationships and allow people to treat each other the way they expect to be treated
- 6) A trusted adult, a therapist or counselor, the National Crisis Hotline: 988, and in case of emergencies: 911
- 7) An upstander is someone who witnesses or has knowledge of a dangerous or harmful event and safely speaks out in support of a person or cause. Someone can be an upstander by talking to a trusted adult if a harmful event happens in school, safely intervening if they witness someone causing harm (i.e bullying, verbal abuse, etc.), or advocating for people who have experienced abuse or bullying by raising awareness
- 8) Active listening, rephrasing what you heard, using "I statements", making eye contact; healthy communication can support relationships as it allows people in the relationship to build a sense of trust and feel validated by their friends, partner, or family

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HOME.**