

What is a green flag?



A red flag in dating refers to an early sign of an unhealthy relationship characteristic. A green flag is a behavior or personal quality that indicates the person will likely approach relationships in healthy, mature, and positive ways in the future. When you look for a partner (or a friend!), you could find yourself settling if you only avoid red flags. In relationships, we need to look for green flags, rather than simply going ahead because of the absence of red flags.

Directions:

The next pages have bingo cards with different examples of green flags. Young people can use a bingo card with the media of their choice, like a movie, tv episode, or a song. As the players notice a green flag' in the media that they have chosen, they can mark the space. Whoever fills a row or column first, gets the BINGO!





Movies:

- Puss in Boots: The Last Wish
- Turning Red
- The Addams Family 1 & 2
- Encanto
- Zootopia

TV-Shows:

- The Proud Family
- Miraculous Tales of Ladybug & Cat Noir
- Ms Marvel
- Stargirl



Let's practice identifying green flags!

A character asks permission before hugging/or kissing

A character shows gratitude by saying thank you

A character actively listens to someone else

A character owns up to their mistakes

A character offers good advice to someone who's worried A character makes an effort to really understand what someone else is saying

A character apologizes for a hurt they've caused

A character makes an effort to include people in activites and fun

A character is kind, even after someone is mean to them A character shares something that's been bothering them

A character asks for advice from someone else A character stands up for someone else if they're getting treated unfairly

A character stands up for something they believe in

A character comforts someone when they're sad

A character keeps a promise they made A character congratulates someone on a job well done





Let's practice identifying green flags!

A character makes an effort to really understand what someone else is saying

A character offers good advice to someone who's worried A character makes an effort to include people in activites and fun

A character apologizes for a hurt they've caused

A character comforts someone when they're sad A character stands up for something they believe in A character congratulates someone on a job well done A character keeps a promise they made

A character shows gratitude by saying thank you A character asks permission before hugging/or kissing

A character owns up to their mistakes

A character actively listens to someone else

A character shares something that's been bothering them

A character is kind, even after someone is mean to them

A character stands up for someone else if they're getting treated unfairly

A character asks for advice from someone else





Let's practice identifying green flags!

A character comforts someone when they're sad A character congratulates someone on a job well done A character keeps a promise they made A character stands up for something they believe in

A character makes an effort to really understand what someone else is saying

A character makes an effort to include people in activites and fun

A character apologizes for a hurt they've caused A character offers good advice to someone who's worried

A character shows gratitude by saying thank you

A character owns up to their mistakes

A character actively listens to someone else

A character asks permission before hugging/or kissing

A character shares something that's been bothering them

A character stands up for someone else if they're getting treated unfairly

A character asks for advice from someone else A character is kind, even after someone is mean to them

