



SOCIAL JUSTICE: UPSTANDER VISION BOARD

What is Social Justice?

Social Justice is the view that people deserve equal treatment in our society and that everyone should be treated fairly, and without discrimination for who they are regardless of gender, sexuality, ethnicity, social status, religion, and so on.

Why is Social Justice important?

When we see injustices in the world happening, it can be very upsetting and lead us to feel powerless. When we learn more about social justice, we know that we *can* make a difference and help change our school or community. One way of helping your school or community can be by being an upstander. An **upstander** is a person who witnesses a dangerous or harmful event and safely speaks or acts in support of an individual or a group.

How to be an Upstander?

Treat everyone with respect.

If you witness someone being bullied, try being nice to them and show them that you care by trying to include them.

Talk to a trusted adult if you witness harmful behavior at your school or community.

Instructions: You can use the vision board on the next page to think through how you can be an Upstander! When completing the vision board, think about what you learned but also use information from your real life to complete the prompts.

Own your
POWER

Words that describe
an upstander:

Issues in my school or
community:

What should an
upstander do?

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What does an
upstander look like?

Upstanders in my life
that I look up to: