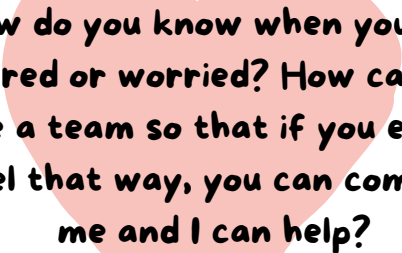
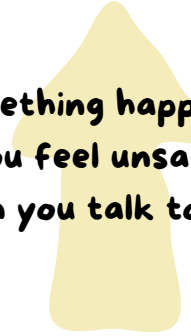


CONVERSATION CARDS FOR CHILDREN


Children are keen observers, and it's important to have open conversations about safety at home. Use the following examples to help start these important conversations with your child, and listen patiently without judgment.



How do you know when you are scared or worried? How can we be a team so that if you ever feel that way, you can come to me and I can help?




If something happens that makes you feel unsafe or upset, who can you talk to about it?



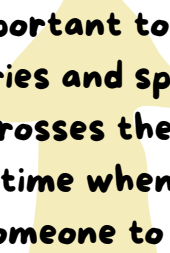
Can you tell me about a time when you felt scared or worried?



How do you know when you're safe at home? What makes you feel safe?



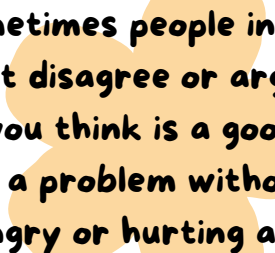
What does it mean to be kind? How do we show kindness in our family?



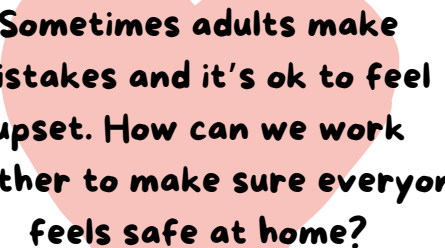
It is important to respect boundaries and speak up if someone crosses them. Can you think of a time when you had to tell someone to stop?



You can always talk to me if something is bothering you, even if it feels small or scary. Do you have any worries right now?



Sometimes people in a family might disagree or argue. What do you think is a good way to solve a problem without getting angry or hurting anyone?



Sometimes adults make mistakes and it's ok to feel upset. How can we work together to make sure everyone feels safe at home?